

## CIS Outcomes Workgroup 4/29/2010 Meeting Notes

### Possible CIS outcomes

#### Discussion notes

- Outcomes must reflect population served and resources available
- First year of new funding and delivery system should be used to collect baseline data
- Consider looking at specific outcomes for each domain – pros and cons to this
- State outcome #2 is a BBF outcome – should be included
- State outcome 5 – is this CIS responsibility?
- State outcomes 19 and 20 are proxy indicators – differing opinions on whether CIS can affect these due to availability
- State outcome 8 – not realistic – too dependent on innate ability of the child
- State outcome 10 – STARS issue, not under CIS influence
- State outcome 24 – how can we measure this? Referrals for at-risk from FSD?
- Discussed phone screening tool for CIS coordinators
- Make sure outcomes reflect the population we're serving
- Assessment of parent needs has to come first
- Look at number of services delivered in natural environment
- Reason for referral data can inform professional development, identify gaps and trends in a community

#### **Overarching goal**

- X% of CIS clients achieve 1 or more plan outcomes by transition

#### **Prenatal:**

<i>Access to care</i>
<ul style="list-style-type: none"><li>• % of women receiving CIS services who have early and ongoing prenatal and postpartum care</li></ul>
<ul style="list-style-type: none"><li>• % of prenatal women engaged by a CIS team to assure access to prenatal care to identify psycho-social health concerns and make appropriate referrals and follow-up</li></ul>
<ul style="list-style-type: none"><li>• % of pregnant women in CIS who have early (1<sup>st</sup> trimester) and on-going prenatal and post partum</li></ul>

<i>Screening</i>
<ul style="list-style-type: none"><li>• % of post partum women screened for depression and referred for management</li></ul>

## Family

<i>Satisfaction with family situation</i>
<ul style="list-style-type: none"> <li>• % reporting satisfaction with family routines (mealtimes, bedtime, outings, etc.)</li> <li>• % reporting satisfaction with quality of family life, based on exit interviews (more general than second outcome)</li> <li>• % of parents reporting satisfaction with child's environments</li> </ul>

<i>Satisfaction with CIS services</i>
<ul style="list-style-type: none"> <li>• % of families who complete the survey and report satisfaction with CIS services</li> <li>• % of families who perceive care is coordinated (family satisfaction survey).</li> </ul>

<i>Parent skills</i>
<ul style="list-style-type: none"> <li>• % with ability, skills, knowledge to interact effectively with schools, providers, etc. (meaningful participation)</li> <li>• % of parents who identify a decrease in parenting stress (use Parenting Stress Index to measure pre and post intervention)</li> <li>• Decrease the # of children/family risk factors</li> </ul>

## Child:

<i>Success in child care/school settings</i>
<ul style="list-style-type: none"> <li>• % able to participate with supports in child settings (child care, school)</li> <li>• # and % of children meeting the standard in five domains of the Kindergarten readiness</li> <li>• % of children ready for school (kindergarten readiness survey) – ready is subjective – is CIS responsible for this? This is a BBF statewide outcome – acknowledge much CIS does impacts this – what is the right thing to measure?</li> <li>• % of children entering school who have continued supports in place if they are needed</li> <li>• % of children in child care with social/emotional/behavioral issues after MH consultation.</li> <li>• % of children in CIS who are placed in quality child care settings</li> <li>• # and % of children placed in quality or specialized child care programs</li> <li>• Improve quality of child care after consultation (more STARS)</li> <li>• Decrease % of child care expulsions for children in CIS</li> </ul>

<ul style="list-style-type: none"> <li>• # of children in child care with social/emotional/behavioral issues after MH consultation.</li> </ul>
<ul style="list-style-type: none"> <li>• % of children retained in child care after referral</li> </ul>

<i>Child outcomes</i>
<ul style="list-style-type: none"> <li>• % with positive social relationships</li> <li>• % acquiring and using knowledge and skills</li> <li>• % taking appropriate action to meet needs</li> <li>• % of children who show improvement from intake to exit.</li> <li>• # of children served by consultation who later have open cases</li> <li>• % of children who reach their growth and development goals.</li> </ul>
<p>Early Intervention outcomes</p> <ul style="list-style-type: none"> <li>• Percent of infants and toddlers with IFSPs who demonstrate improved: <ul style="list-style-type: none"> <li>A. Positive social-emotional skills (including social relationships);</li> <li>B. Acquisition and use of knowledge and skills (including early language/communication); and</li> <li>C. Use of appropriate behaviors to meet their needs</li> </ul> </li> </ul>

<i>Access to care</i>
<ul style="list-style-type: none"> <li>• Increase ____ % children in CIS with a medical and dental home</li> <li>• # and % of children meeting the periodicity schedule of recommended visits</li> </ul>

- # and % of children free from abuse and neglect

### **System:**

<i>Timeliness</i>
<ul style="list-style-type: none"> <li>• Decrease number of families placed on wait lists and amount of time on wait lists</li> <li>• Families referred to CIS are contacted within 3 to 5 business days</li> <li>• % of children who have a completed plan in place within 45 days</li> <li>• % of children/families receiving services early</li> <li>• % of children who receive assessment and plan development within 45 days</li> </ul>

<i>Quality of services</i>
<ul style="list-style-type: none"> <li>• Measure improvement in quality of ratings of environmental measures</li> <li>• How to address training and professional development to assure quality services (self-rating of skills)</li> <li>• % of families who report satisfaction with the coordination of services</li> <li>• % of families who report that CIS services supported the goals identified by the family</li> <li>• % of children/pregnant/postpartum women identified through screening are referred to appropriate service</li> <li>• % of children/pregnant/postpartum women accessing CIS will have a broad, multidimensional screening that includes family functioning</li> <li>• Increase # of children with a transition/exit plan.</li> </ul>

<i>System effectiveness</i>
<ul style="list-style-type: none"> <li>• How are we measuring that the CIS model is effective?</li> <li>• Is CIS being implemented as designed?</li> <li>• % of service providers who report satisfaction regarding the coordination and integration of service for families</li> </ul>